



RISK ASSESSMENT POLICY – AS FOOTBALL ACADEMY PORTSMOUTH

A risk assessment process typically involves identifying hazards, evaluating risks, and implementing control measures. This is often broken down into five steps: identifying hazards, deciding who might be harmed and how, evaluating the risks and deciding on [precautions](#), recording significant findings, and reviewing the assessment.

Here's a more detailed breakdown:

1. Identify Hazards:

- Recognize potential sources of harm within a specific environment or activity.
- Examples include physical hazards (e.g., slips, trips, falls), chemical hazards (e.g., exposure to dangerous substances), biological hazards (e.g., [bacteria](#) or viruses), ergonomic hazards (e.g., poor/broken equipment), and psychological hazards (e.g., [stress](#)).
- Look for hazards in the workplace, during activities, or within processes.

2. Decide Who Might Be Harmed and How:

- Identify individuals or groups who could be affected by the identified hazards.
- Consider employees, visitors, contractors, and the public.
- Determine how each group might be harmed.

3. Evaluate Risks and Decide on Precautions:

- Assess the likelihood and severity of potential harm from each hazard.
- Use a risk matrix or other methods to categorize risks based on likelihood and impact.
- Develop and implement control measures to eliminate or minimize risks.
- [Control measures](#) can include engineering controls (e.g., installing safety guards), administrative controls (e.g., implementing procedures), and personal protective equipment (PPE).

4. Record Significant Findings:

- Document the identified hazards, the individuals affected, the risk evaluation, and the implemented control measures.
- This documentation serves as evidence of the assessment process and provides a record for future review.



5. Review and Update:

- Regularly review the risk assessment to ensure it remains current and effective.
- Update the assessment as necessary due to changes in the workplace, activities, or regulations.
- The review process should include monitoring the effectiveness of control measures and making adjustments as needed.

In essence, a risk assessment is a proactive process for identifying and managing potential hazards to ensure a safe and healthy environment.

This document is reviewed annually – Lasted updated September 2026.

Signed Andy Sillence.....2026.....

Andy Sillence – Director AS Football Academy Portsmouth.